

# Today, October 9<sup>th</sup>



- **Intro** – Pick-up a Heartsaver Manual; warm-ups and gloves out
- **Advanced** – Projects out, if applicable
- **Weekend Check-In**
- **Reminders n' Stuff:**
  - Dress in Black & Gold tomorrow!
  - CLUB MED meets 9am Weds. rm 1406
  - Support the Sammamish Animal Sanctuary at the HOCO Tailgate Friday!
  - I'm available after school for test takers today...you'll need your SCHOOL laptop



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## Introduction to Sports Medicine

- **Warm-Up:** First-Aid Basics Review
- **Heartsaver First-Aid Course:**
  - Medical Emergencies
  - **Skill:** Epi-Pen Administration

## Advanced Sports Medicine

- Use Chapter 10 WS to study for exam (**due tomorrow**)
- Exam still *tentatively* **Thursday**
- Project Presentations



# Warm-Up (No notes, no blanks)

Respond to the 10 multiple-choice questions found on pgs. 20-21 of the Heartsaver manual.

# Warm-Up Key

1. a.
2. b.
3. b.
4. c.
5. d.
6. a.
7. a.
8. a.
9. b.
10. c.