

Today – December 11th



Intro – Submit Bone Diagrams Packet; warm-ups and coloring utensils out

Advanced – Pick-up Chapter 15 WS; cold pack lab and laptop/headphones out

Weekend Check-In

Reminders n' Stuff:



- Hot beverages tomorrow 5th & 7th!
- Sweater Day tomorrow!
- CLUB MED *Holiday* Meeting Weds. 9am
 - *Must have membership application completed to partake in goodies!
- Fall Recognition Assembly for Weds. Flextime
- Job shadow needs?



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Introduction to Sports Medicine

- Alternate ATR Activities updated!
- AED visits tomorrow, stadium after school
- Study Sesh after school today! 3-4pm
- **Warm-Up:** Long Bong Anatomy Review
- Check off Bone Diagrams Packet
- **Lecture:** Continue the Skeletal System

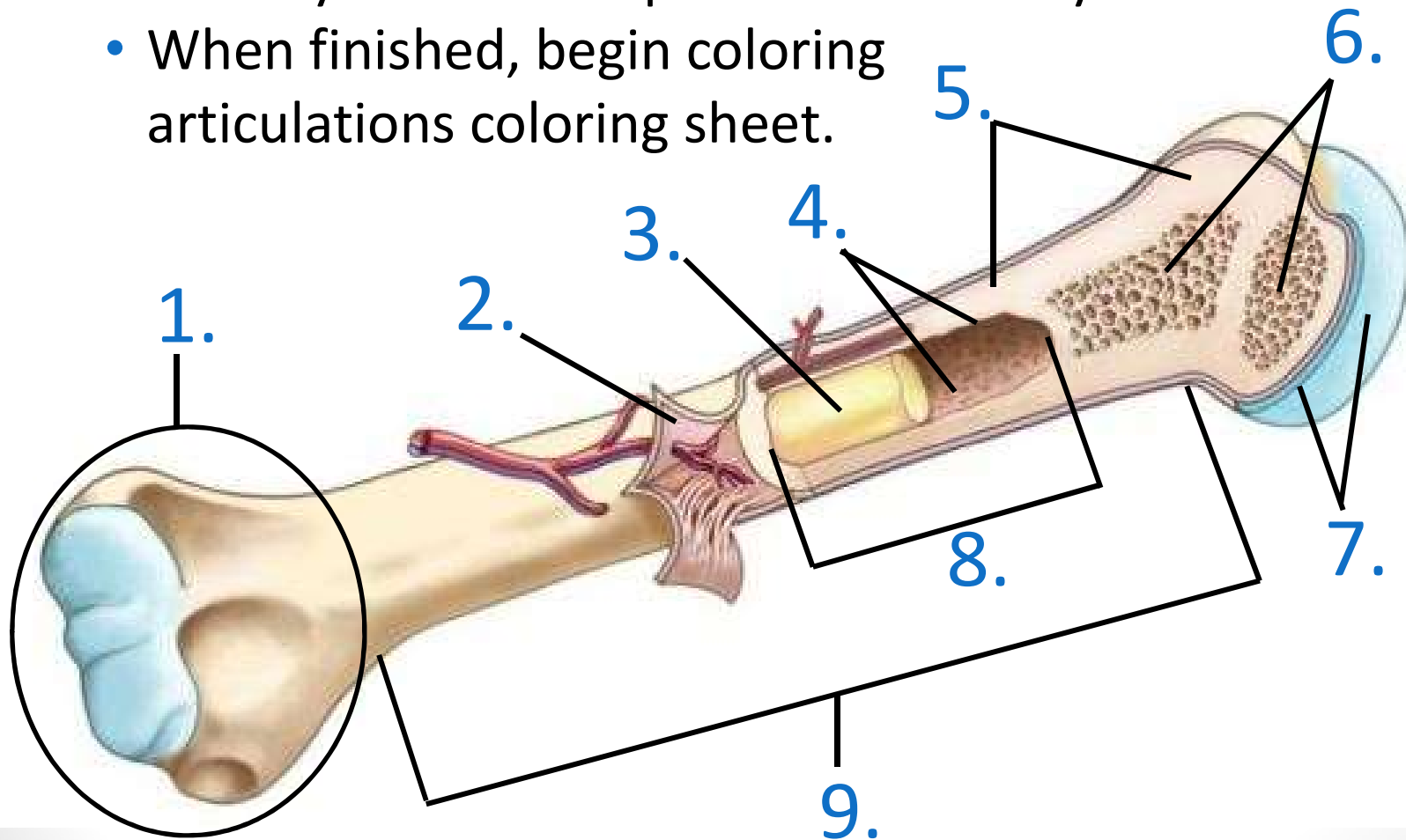
Advanced Sports Medicine

- Clear up remaining lab questions
(**due tomorrow**)
- **Lecture:** Begin
Mechanical Modalities



Warm-Up (No notes, no blanks)

- Identify the labeled pieces of anatomy.
- When finished, begin coloring articulations coloring sheet.



Warm-Up Key

Identify the labeled pieces of anatomy.

