

Today – February 2nd

- **Intro** – Physiology Coloring Sheet and notes out...colored pencils if you'd like; 7th laptops/headphones out
- **Advanced** – Sit tight...nothing to have out at this time
- **Reminders n' Stuff:**
 - You're the bees knees!

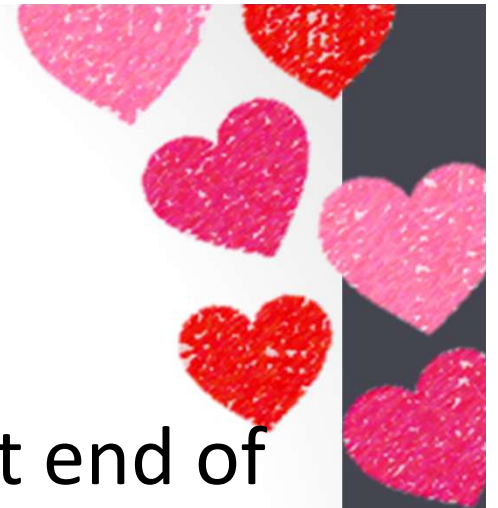
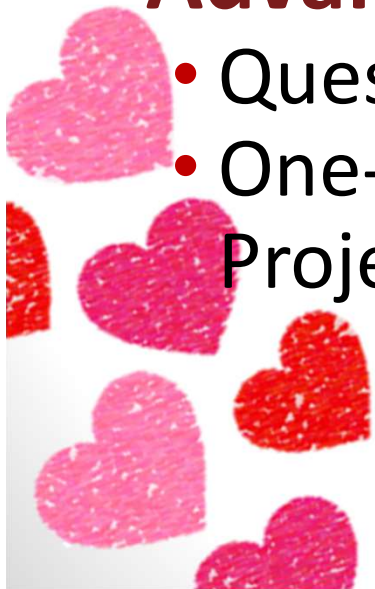
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Introduction to Sports Medicine

- Submit Physiology Coloring Sheet at end of period
- **Lecture:** Continue the Physiology of Skeletal Muscle Contraction

Advanced Sports Medicine

- Questions regarding US?
- One-on-One review of Semester Leadership Projects
- Begin research on assigned injury



Assigned Injuries

- **Olivia** – Avulsion Fx of Ischial Tuberosity
- **Alex** – Acute Compartment Syndrome
- **Hansika** – Carpal Tunnel Syndrome
- **Themi** – Meniscus Tear
- **Elle** – ACL Tear/Rupture
- **Kaitlyn** – SLAP Lesion
- **Ishita** – Tib/Fib Fx
- **Elshaday** – Femur Fx
- **Jade** – Achilles Tendon Rupture
- **Saadhvi** – Lis Franc Injury
- **Niharika** – UCL Tear/Rupture
- **Saanvi** – Ankle Dislocation/Fx
- **Sharon** – Unhappy Triad
- **Vrinda** – Rotator Cuff Tear