

Today – February 27th

- **Intro** – Warm-ups out; 7th laptops/headphones at the ready
- **Advanced** – Notes out
- **Reminders n' Stuff:**
 - Additional SLC Round 2 Qualifiers will be released as judges finish their evaluations
 - CLUB MED tomorrow 9am Room 1406
 - Job Shadow needs?

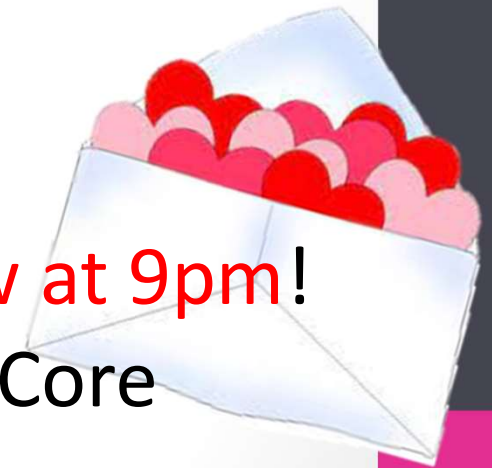
Today – February 27th

Introduction to Sports Medicine

- **Warm-Up:** Blood Flow
- **Assignment:** Finish and submit the BIG Heart Diagram
- **Lecture:** Blood

Advanced Sports Medicine

- ATR Hour sign-up opens **tomorrow at 9pm!**
- **Lecture:** Continue Enhancing Core Stabilization



Warm-Up (No notes)

Recreate the diagram we drew yesterday representing the blood flow through the heart.

- Label anatomical features of the heart
- Label key blood vessels
- Indicate in color whether the blood is oxygenated or deoxygenated

***Absent yesterday?** Move to the front row along with your warm-ups. (I'll give you the diagram to draw and then try to complete it as bulleted above)

Warm-Up Key

