

Today – March 1st



- **All** – Complete Employability Skills Reflection #19
- **Intro** – Pick-up a competency and BIG Heart Diagram; notes out (7th period only)
- **Advanced** – Planning Worksheet out
- **Reminders n' Stuff:**
 - It's National Athletic Training Month!



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Introduction to Sports Medicine

- ATR sign-up opens at 6pm tonight
- Done with your EAP Competency?
- Circulatory System Exam likely next Thursday
- **Competency:** Heart Rate & Blood Pressure

Advanced Sports Medicine

- **Assignment:** Continue work on Modeling the Core Muscles Planning Worksheet (**due Monday**)

