

# Today – March 4<sup>th</sup>

- **Intro** – Get out HR and BP Competency; pick-up BIG Heart Diagram (5<sup>th</sup> period)
- **Advanced** – Planning Worksheet and assigned kit out
- **Weekend Check-in**
- **Reminders n' Stuff:**
  - No Teacher Offerings Wednesday
  - CLUB MED meeting Weds. 9am Room 4106
  - Job Shadow needs?



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## Introduction to Sports Medicine



- ATR sign-up sheet is still open!
- Circulatory System Exam likely **Thursday**
- **Competency:** Heart Rate & Blood Pressure Practice

## Advanced Sports Medicine

- Modeling the Core Muscles Planning Worksheet **due at end of period**
- **Activity:** Begin applying core muscles to the model (shooting to having it finished by end of period tomorrow)

