## Today – April 1st

- All Pick-up Employability Skills Rating Form, put FULL name in upper righthand corner and submit
- Intro Notes out; 7<sup>th</sup> laptops/ headphones
- Advanced Pick-up Prog. Notes and notes
- Weekend Check-In
- Reminders n' Stuff:
  - CLUB MED meeting 9am rm 1406
  - Teacher Offerings Wednesday
  - Binder Check #2 due Friday
  - All missing 3<sup>rd</sup> quarter coursework are due the Monday after break

## Today – April 1st





## **Introduction to Sports Medicine**

- Infographics are available! Make sure you takes notes from each before Friday
- Lecture: Finish/Review Energy Systems;
  Periodization
- Study Time! Or take notes from infographics?

## **Advanced Sports Medicine**

- Progress Notes #2 due Friday
- Lecture: Neuromuscular Control
- Video