## Today – April 29<sup>th</sup>

- Intro Pick-up BIG Digestive System Diagram; food product and analysis worksheet and/or Chapter 5 WS out
- Advanced Pick-up page of notes; notes out
- Weekend Check-In
- Reminders n' Stuff:
  - Teacher Offerings Wednesday
  - CLUB MED meets Wednesday 9am...last meeting Sports Med students can attend
    - for hours
  - Job Shadow needs?

## Today – April 29<sup>th</sup>



## **Introduction to Sports Medicine**

- Remediated Fitness & Conditioning Exam responses due via email by 11:59pm TONIGHT (to reedc@issaguah.wednet.edu)
- Work Day!
  - Finish Food Product Analysis Post-Test
  - Finish Chapter 5 Worksheet

## **Advanced Sports Medicine**

- Internship Hour Check-In
- Lecture: Finish Restoring ROM & Improving Flexibility; begin Regaining Strength, Endurance & Power