



Today, September 26<sup>th</sup>

- Stow cell phone/watch, bags up, etc.
- **Intro** – Notes out (starting on pg. 7)
- **Advanced** – Pick-up notes page;  
Laptops/headphones and notes out
- **Reminders n' Stuff:**
  - WSU's AT & Kinesiology Programs Info Sesh  
Thursday 4-5pm via Zoom, if interested
  - CLUB MED meets 9am tomorrow  
rm 1406

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## Introduction to Sports Medicine

- Don't forget to define word parts on pg. 7 of notes
- BREAKDOWN! Worksheet **due Thursday**; questions?
- **Lecture:** Anatomical Position, Planes and Directional Terminology

## Advanced Sports Medicine

- **Lecture:** Finish Body Systems Review; Introduce the Injury Response Process
- **Assignment:** Define the key terms on pg. 6 and describe the actions of the chemical mediators on pg. 7 (**due Thursday**); the WBC coloring sheet may be helpful for this

