

Practical Exam – Adult BLS

Mrs. Reed: “Step one.”

Rescuer 1: With gloves and pocket mask in hand, visibly/orally indicates checking scene for safety

Mrs. Reed: “The scene is safe.”

Rescuer 1: Sets gloves & mask down and taps & shouts, “Hey! Hey! Are you okay?”

Mrs. Reed: “There’s no response.”

Rescuer 1: Points at **Rescuer 2** and tells them to, “Call 911 and bring back an AED!”

(Rescuer 2: Puts on gloves, grabs AED & BVM from corner and returns to stand near the scene.)

Rescuer 1: Watches and listens for breathing while putting on gloves.

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Rescuer 1:

1. Performs a head tilt, chin lift
2. Places index and middle fingers on the center of and perpendicular to the neck, sliding fingers approximately 1" to find the carotid pulse
3. Moves ear over victim's mouth & nose and watches for chest rise
4. Counts aloud, "1 one thousand, 2 one thousand...10 one thousand."

Mrs. Reed: "There's no pulse, no breathing."

Rescuer 1: Begins CPR with 30 compressions followed by two breaths with pocket mask

(**Rescuer 1:** Continues cycles of CPR until **Rescuer 2** states, "Stand clear! Analyzing.")

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Mrs. Reed: (After a couple cycles of CPR) “Rescuer 2, you may enter the scene.”

Rescuer 2:

1. Places BVM near victim’s head
2. Kneels at victim’s side, opposite of Rescuer 1, places AED on ground near victim’s head
3. Opens AED case, pulls on AED handle to turn it on and retrieves emergency shears from case pocket

While remaining out of the way of Rescuer 1:

4. Cut through collar of victim’s shirt; when Rescuer 1 leaves the chest to perform breaths, “Hulk” the shirt open just enough to bare the chest

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- If Rescuer 1 is doing compressions, place the pad which goes on the victim's *left side*
- When Rescuer 1 moves for breaths, place the pad which goes on the victim's *right chest*

AED: “Stand clear! Analyzing.”

Rescuer 2: Waves arms and states, “Stand clear! Analyzing.”

Rescuer 1: Immediately stops performing CPR and stands clear

AED: “Stand clear! Analyzing.”

Rescuer 2: Waves arms and states, “Stand clear! Analyzing.”

AED: “Shock advised! Stay clear of patient...”

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Rescuer 2: Waves arms and states, “Stand clear! Shocking!” and then pushes the flashing orange button

AED: “Shock delivered.”

Rescuer 2: After delivering the shock, immediately begins cycles of 30 compressions, counting aloud

Rescuer 1: Quickly moves to the victim’s head, tilts the head back, braces the head with knees/thighs and secures BVM on victim’s face

Rescuer 1: Delivers two breaths following each cycle of 30 compressions

Mrs. Reed: (After a couple cycles) “Switch positions.”

Rescuer 2: Finishes current set of compressions

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Rescuer 1: Delivers two breaths, quickly returns to their original position beside the victim and begins 30 compressions

Rescuer 2: Moves to victim's head, tilts the head back, braces the head with knees/thighs and secures BVM on victim's face

Rescuer 2: At the completion of 30 compressions, delivers two breaths

Rescuer 1: After two breath are delivered; resumes 30 compressions

Mrs. Reed: (After a couple cycles of CPR) Ends exam

Practical Exam – Infant BLS

Mrs. Reed: “Step one.”

Rescuer 1: With gloves and pocket mask in hand, visibly/orally indicates checking scene for safety

Mrs. Reed: “The scene is safe.”

Rescuer 1: Sets gloves & mask down; flicks & shouts, “Baby! Baby! Are you okay?”

Mrs. Reed: “There’s no response.”

Rescuer 1: Points at **Rescuer 2** and tells them to “Call 911 and bring back an AED!”

(Rescuer 2: Puts on gloves, grabs infant BVM from corner and returns to stand near the scene.)

Rescuer 1: Watches and listens for breathing while putting on gloves.

Practical Exam – Infant BLS

Rescuer 1:

1. With hand closest to the infant's head, moves arm closest to them into external rotation
2. Places index and middle fingers on the center of the upper arm to find the brachial pulse
3. Moves ear over infant's mouth & nose and watches for chest rise
4. Counts aloud, "1 one thousand, 2 one thousand...10 one thousand."

Mrs. Reed: "There's no pulse, no breathing."

Rescuer 1: Begins CPR with 30 compressions followed by two breaths with pocket mask

(**Rescuer 1:** Continues cycles of CPR until **Rescuer 2** is instructed to enter the scene)

Practical Exam – Infant BLS

Mrs. Reed: (After several cycles) “Rescuer 2, you may enter.”

Rescuer 2: Places BVM on cart and waits

Rescuer 1: Finishes the current cycle of compressions and breaths, using their *pocket mask* for the breaths

Rescuer 2: Quickly encircles hands around infant’s chest and begins 15 compressions

Rescuer 1: Secures BVM to infant’s face and delivers two breaths following each set of 15 compressions

Mrs. Reed: (After several cycles) “Switch positions.”

Rescuer 2: Finishes current set of compressions

Rescuer 1: Delivers two breaths then quickly moves to their *right* to begin 15 compressions

Practical Exam – Infant BLS

Rescuer 2: Quickly moves to their *right* and secures BVM to infant's face

Rescuer 2: At the completion of 15 compressions, delivers two breaths

Rescuer 1: After two breaths, resumes 15 compressions

Mrs. Reed: (After a couple cycles) Ends exam