

Name: _____

CHAPTER 1 WORKSHEET

THE ATHLETIC TRAINER & SPORTS MEDICINE TEAM

MATCHING

- | | |
|----------------------------|--|
| _____ 1. BOC | A. Responsible for accrediting athletic training education programs |
| _____ 2. CAATE | B. Responsible for the certification of athletic trainers |
| _____ 3. NATA | C. Establishes professional athletic training standards |
| _____ 4. APTA | D. The governing body for physical therapy |
| _____ 5. Team Physician | E. Ensures the quality and safety of sports equipment |
| _____ 6. Athletic Trainer | F. Makes the final decision on whether an athlete may return to play |
| _____ 7. Equipment Manager | G. Purchases equipment for teams/athletes |
| _____ 8. Coach | H. Makes the competitive environment safe |
| _____ 9. Player/Athlete | I. Understands and assumes the risk involved in participating in sport |

SHORT ANSWER

10. Describe the professional relationship between the *athletic trainer* and the *team physician*. How do they work with and support each other?

11. List/describe some responsibilities of a *coach* in regard to athlete health and safety?

12. Define *burnout* and describe how/why it may happen in athletic trainers.

LISTING—Provide examples of what each of the following *domains of practice* entail.

13. Injury/Illness Prevention & Wellness Promotion—_____

14. Examination, Assessment & Diagnosis—_____

15. Immediate & Emergency Care—_____

16. Therapeutic Intervention— _____

17. Healthcare Administration and Professional Responsibility— _____

List/describe two more *personal qualities** athletic trainers should possess and why they are beneficial/necessary?

18. _____

19. _____

*Besides those provided in your notes

List five *sports medicine organizations** and briefly describe how they support sports medicine professions.

20. _____

21. _____

22. _____

23. _____

24. _____

*Besides the NATA and APTA

ESSAY

25. Summarize how a person can become a certified athletic trainer. Consider education requirements, clinical experience, exams, state regulations, etc.

26. Describe/define what *evidence-based practice* is and what it entails/encompasses for an athletic trainer's practice.

