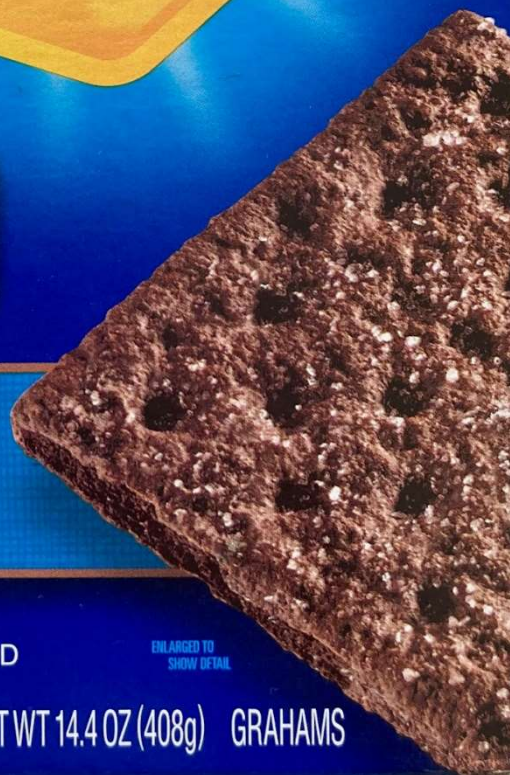


NABISCO



NO High Fructose
Corn Syrup
8g of Whole Grain
per 31g serving



PER 8 CRACKERS

130
CALORIES

0g
SAT FAT
0% DV

180mg
SODIUM
8% DV

8g
TOTAL
SUGARS



ENLARGED TO
SHOW DETAIL

NET WT 14.4 OZ (408g) GRAHAMS

Together Time

CREATE WHOLESOME MOMENTS

Chocolate PRETZEL BREAKAWAYS

START WITH:
HONEY MAID
Chocolate Grahams

Sprinkle with crushed
pretzels, then break
into pieces



QUICK TIP:
Wait until
chocolate is firm
before breaking
grahams up.

spread with melted
semi-sweet chocolate



For full recipes and nutritional
information, go to
honeymaid.com



Discover more recipes and snack ideas on
pinterest.com/honeymaidsnacks

KEEP KIDS SAFE! To reduce the risk of choking, these recipe ideas should only be fed to children who are accustomed to eating the foods in the recipes. Children should always be seated and supervised when eating. www.mdzkidsafe.com



Nutrition Facts

About 13 servings per container
Serving size 8 crackers (31g)
[1 serving = 2 full cracker sheets]

Amount per serving
Calories 130

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 8g Added Sugars	16%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 1.7mg	10%
Potassium 78mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), GRAHAM FLOUR (WHOLE GRAIN WHEAT FLOUR), SUGAR, CANOLA OIL, COCOA (PROCESSED WITH ALKALI), COCOA, HONEY, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), CHOCOLATE, SALT, SOY LECITHIN, DEXTROSE, ARTIFICIAL FLAVOR.

CONTAINS: WHEAT, SOY.

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EAST HANOVER, NJ 07936 USA



smartlabel™

Try Our Other Delicious Flavors:



EAT 48g OR MORE OF
WHOLE GRAINS DAILY

HONEY MAID GRAHAMS
Chocolate have 8g of whole
grain per 31g serving.
Nutritionists recommend
eating 48g or more of whole
grains throughout the day.

