

Introduction to Sports Medicine  
Semester Leadership Project  
Semester 2



**Hour Log**

Entries must be handwritten **in pen**. Round start/end times to the nearest quarter of an hour. Initials should be that of an adult family member (21+) who witnessed you working on your project. Initials should be attained *the same day work was witnessed/completed*. DO NOT white out or scribble out mistakes. Rather, draw a line through the error and have the *witnessing adult* initial the correction. Only a parent/guardian may sign off on the total project time once completed.

Date	Description of Work Accomplished	Start	End	Total	Initials
10/22/23	Read 5 pages of a JAT article	2:15	3:00	.75	BTR

**Total =**  **Hours**

**Information below to be completed by a PARENT/GUARDIAN only:**

\_\_\_\_\_ has completed a total of \_\_\_\_\_ hours of leadership project work.  
Student's Printed Name

\_\_\_\_\_  
Parent/Guardian's Printed Name

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date