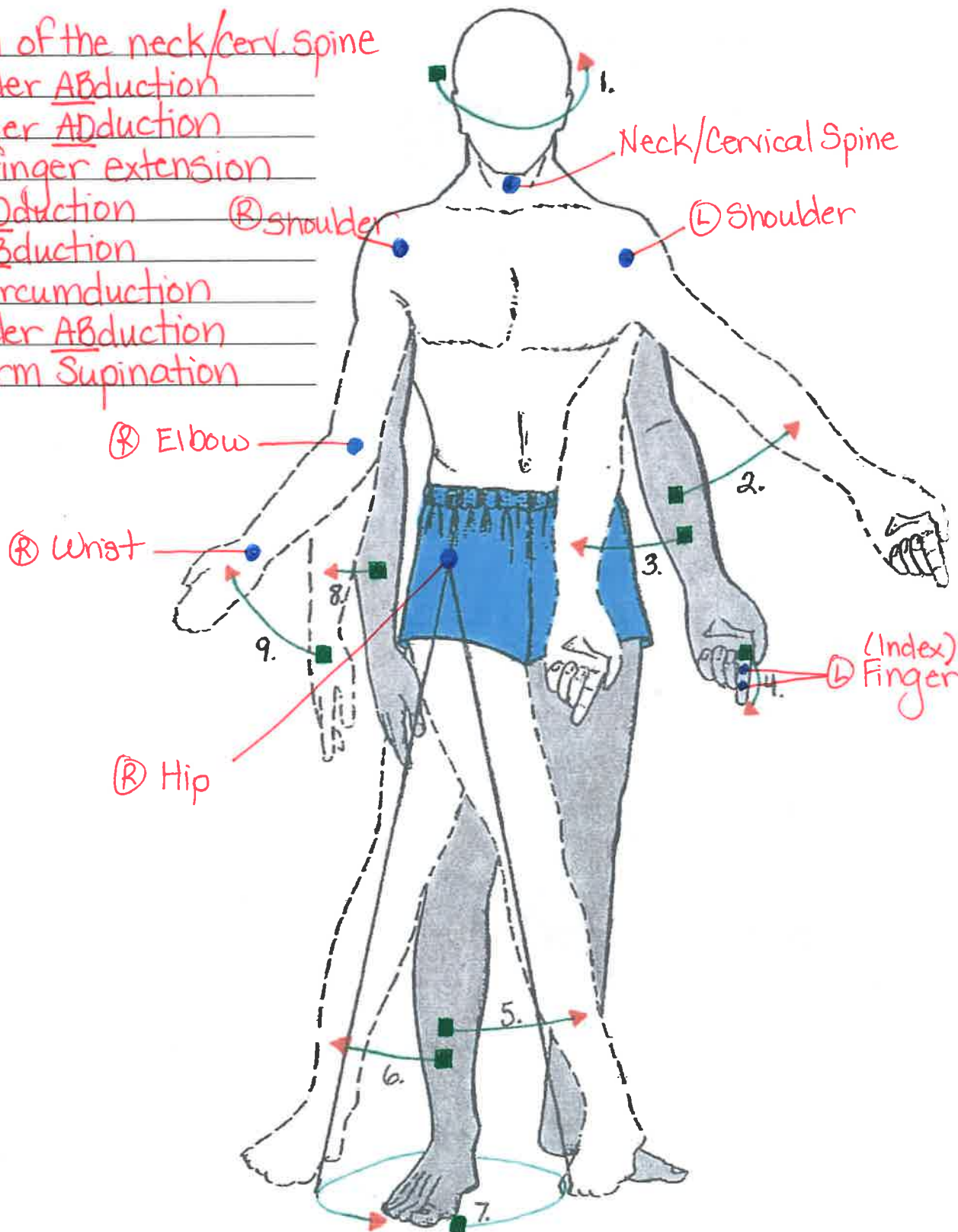


Motions of the Human Body

Identify the motions illustrated by each arrow on the following diagrams. Remember to include the joint/body part name with the motion when applicable (e.g. "elbow flexion" as opposed to just "flexion"). Often, the solid lined body part indicates the starting position and the dotted lined body part the ending position; for the arrows, the dot indicates "start" and the arrowhead "end." 20pts

1. Rotation of the neck/cerv. spine
2. Ⓛ Shoulder ABduction
3. Ⓛ Shoulder ADduction
4. Ⓛ(Index) Finger extension
5. Ⓡ Hip ADduction
6. Ⓡ Hip ABduction
7. Ⓡ Hip Circumduction
8. Ⓡ Shoulder ABduction
9. Ⓡ Forearm Supination



10. Neck Flexion
11. Neck Hyperextension
12. (L) Shoulder Hyperextension
13. (L) Shoulder Flexion
14. (L) Hip Hyperextension
15. (L) Ankle Plantarflexion
16. (R) Ankle Dorsiflexion
17. (R) Knee Extension
18. (R) Hip Flexion
19. (R) Knee Flexion
20. (L) Shoulder Circumduction

