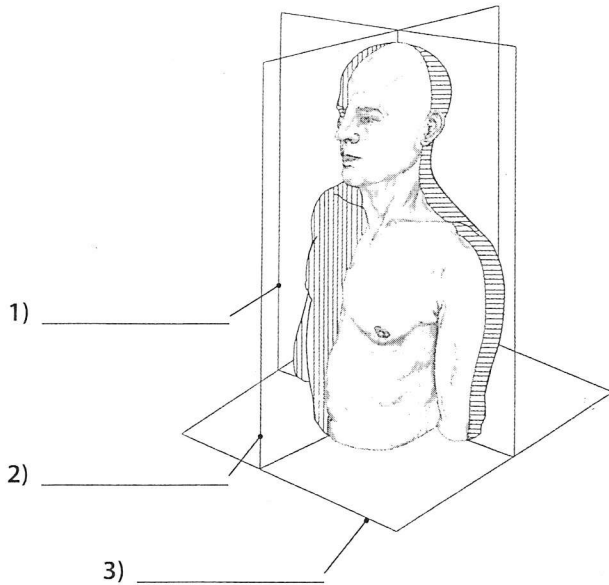




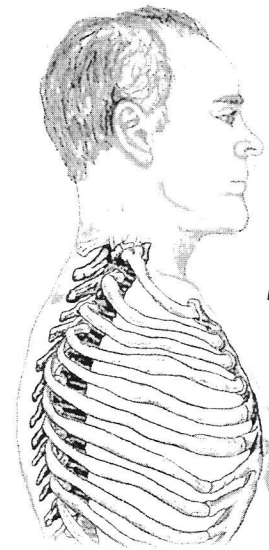
Planes, Directions, Positions and Movements #1

Please identify the following planes, directions and positions.



The head is
4) _____
to the abdomen.

The abdomen is
5) _____
to the head.

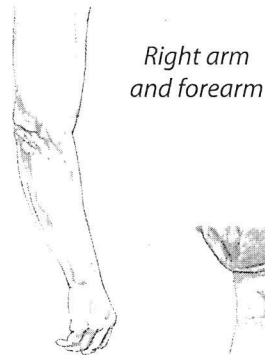


Lateral view of rib cage and vertebrae

The spine is 6) _____ to the sternum.

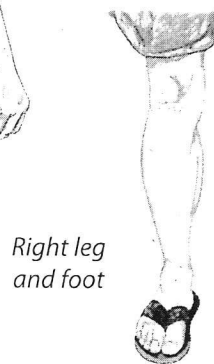
The sternum is 7) _____ to the spine.

The elbow is
8) _____
to the wrist.



Right arm and forearm

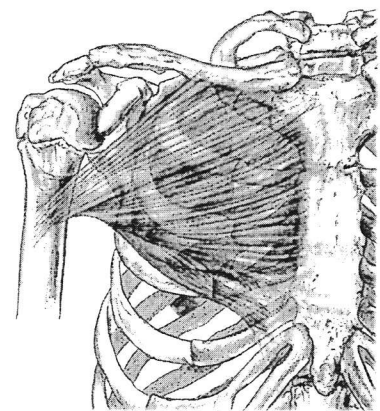
The wrist is
9) _____
to the elbow.



Right leg and foot

The big toe is
10) _____
to the last (pinkie) toe.

The last (pinkie) toe is
11) _____
to the big toe.



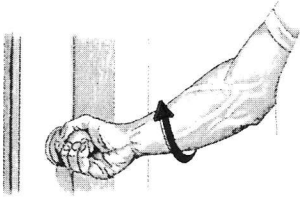
The pectoralis major muscle is
12) _____
to the ribs. The ribs are
13) _____
to the pectoralis major muscle.

CHOICES

- | | |
|----------|-------------|
| Anterior | Posterior |
| Deep | Proximal |
| Distal | Sagittal |
| Frontal | Superficial |
| Inferior | Superior |
| Lateral | Transverse |
| Medial | |



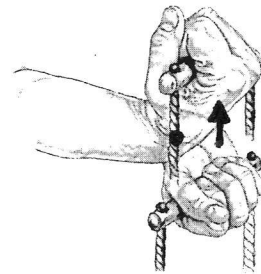
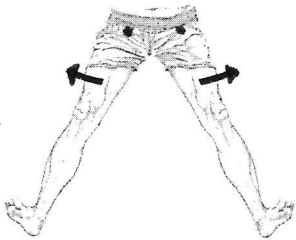
Please identify the movement and its location.



1) supination of the forearm

2) _____

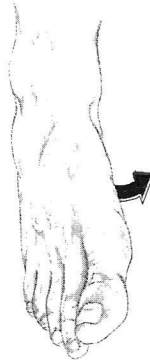
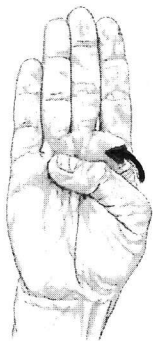
3) _____



4) _____

5) _____

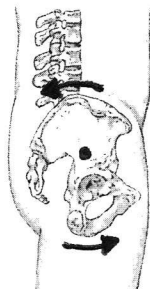
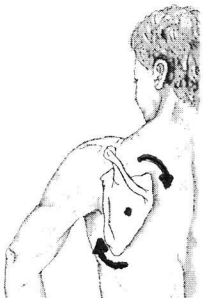
6) _____



7) _____

8) _____

9) _____



10) _____

11) _____

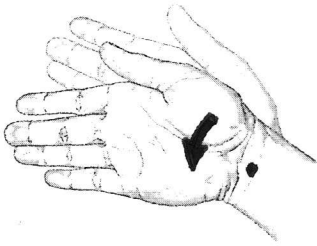
12) _____



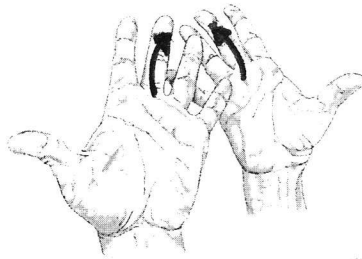
Navigating the Body

Movements of the Body #2

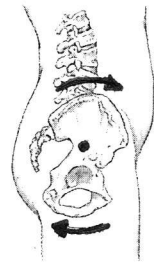
Please identify the movement and its location.



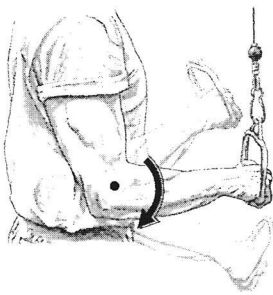
13) _____



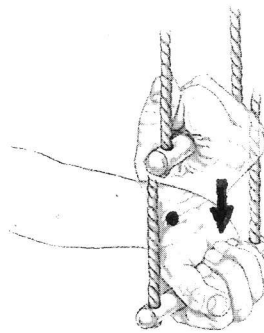
14) _____



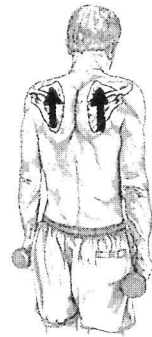
15) _____



16) _____



17) _____



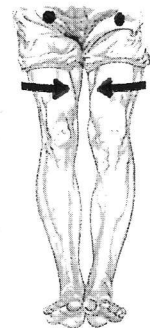
18) _____



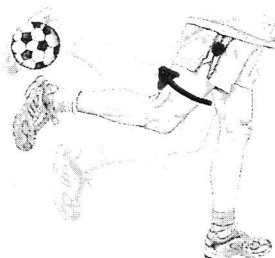
19) _____



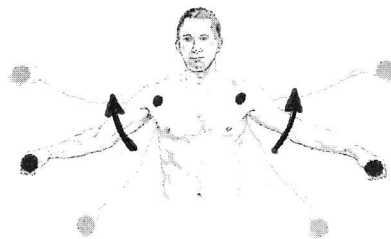
20) _____



21) _____



22) _____



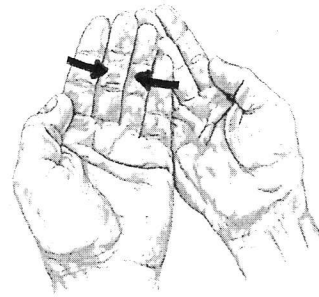
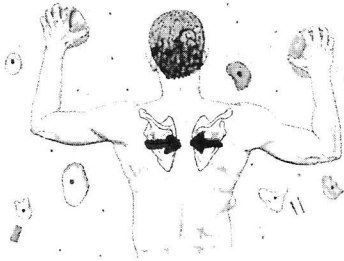
23) _____



24) _____



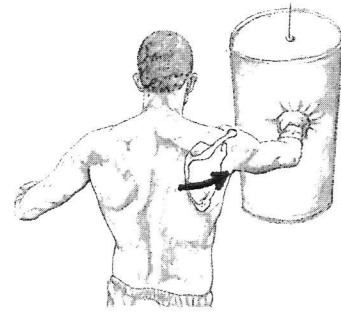
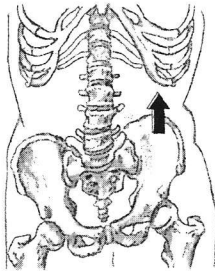
Please identify the movement and its location.



25) _____

26) _____

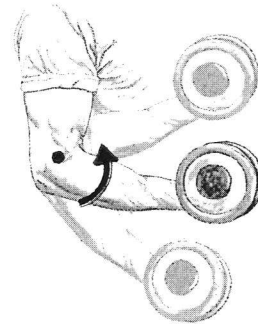
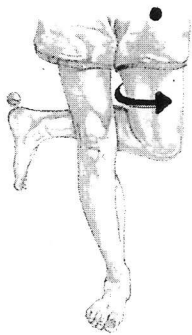
27) _____



28) _____

29) _____

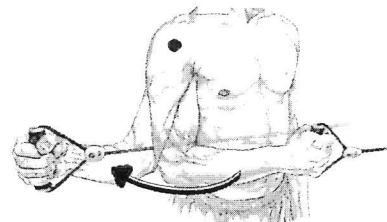
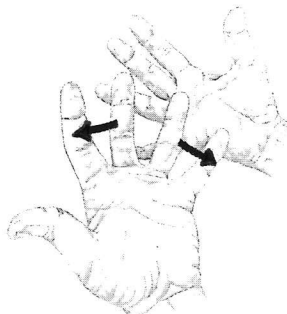
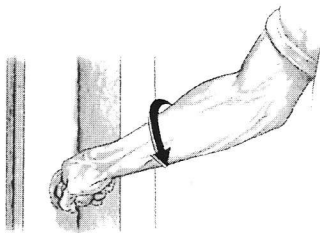
30) _____



31) _____

32) _____

33) _____



34) _____

35) _____

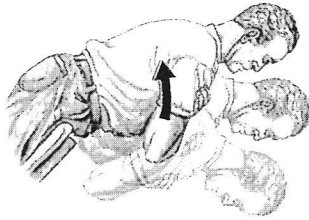
36) _____



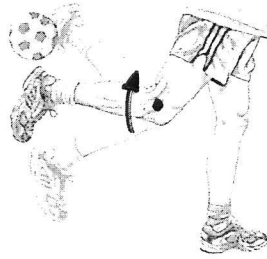
Navigating the Body

Movements of the Body #4

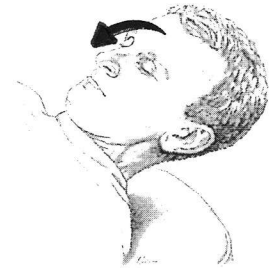
Please identify the movement and its location.



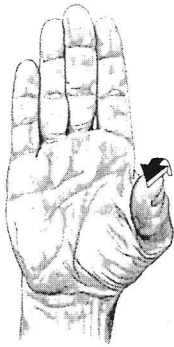
37) _____



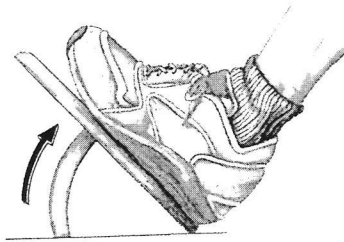
38) _____



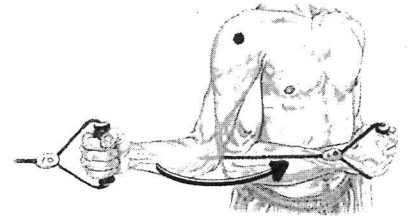
39) _____



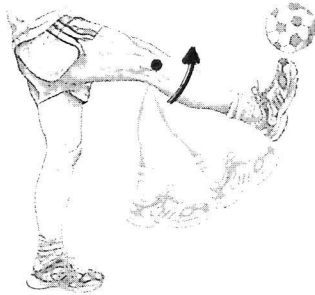
40) _____



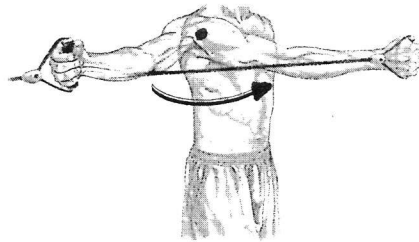
41) _____



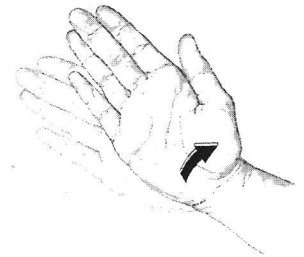
42) _____



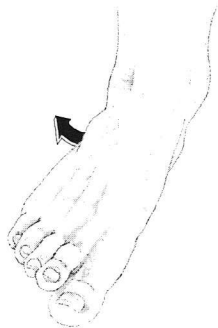
43) _____



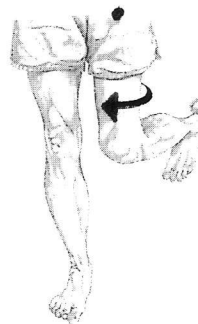
44) _____



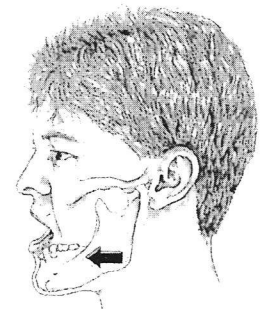
45) _____



46) _____



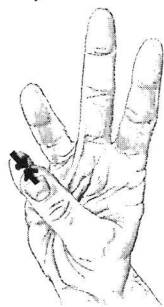
47) _____



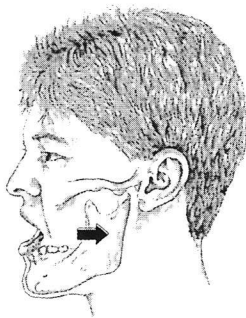
48) _____



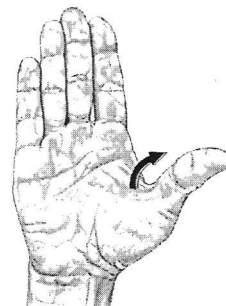
Please identify the movement and its location.



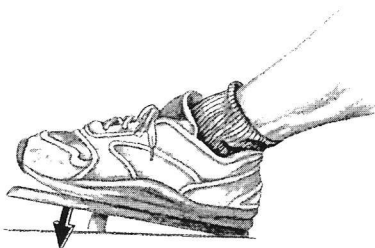
49) _____



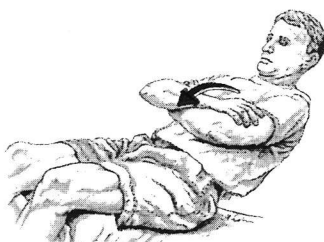
50) _____



51) _____



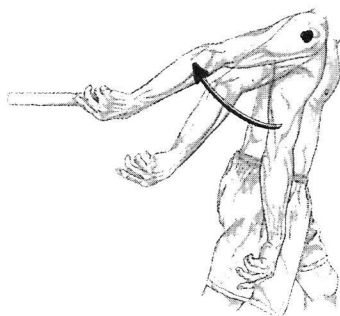
52) _____



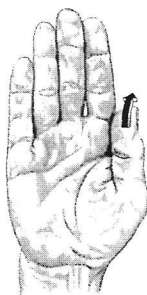
53) _____



54) _____



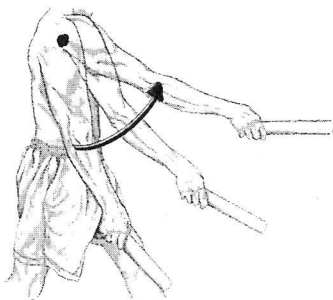
55) _____



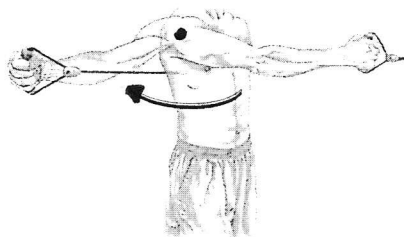
56) _____



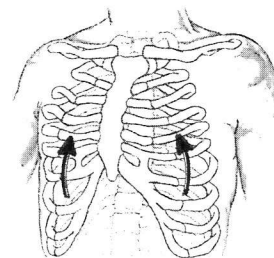
57) _____



58) _____



59) _____



60) _____