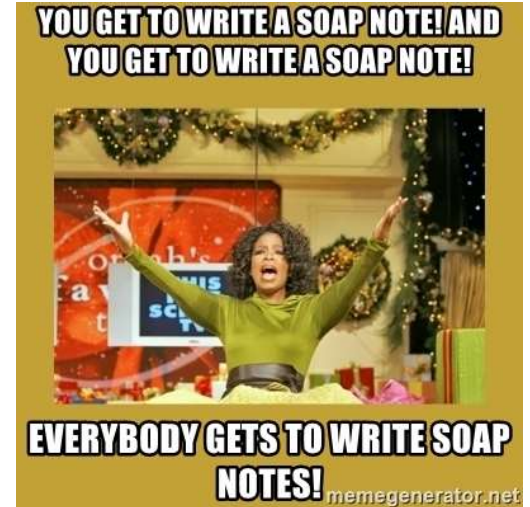


SOAP Note Practice Worksheet

Use the randomly listed information below to create a patient's SOAP notes. Place the listed information in the correct SOAP boxes, in the order in which you think the information would have come up during an evaluation. In addition, translate all applicable terms/anatomy into their abbreviated/shorthand/symbol format.

1. Pupils are equal and reactive to light
2. Fifteen year old female JV soccer player
3. Patient reported taking two ibuprofen twice a day
4. Has a history of three previously diagnosed concussions
5. Chief complaints are headache, dizziness, difficulty concentrating and "not feeling right"
6. Perform a SCAT6 examination
7. Hit head on ground during a soccer game two days ago; did not report hit to coach, parents or athletic trainer and continued to play in the game
8. Balance Error Scoring System: 12/30 errors
9. Cervical range of motion uncomfortable in flexion and extension
10. Stated she is struggling to concentrate, especially in math and science class, and finds it difficult to remain asleep at night
11. Concussion
12. Coordinate return to learn strategies with school nurse
13. Neurologic examination revealed a mild nystagmus in both eyes when looking to the left and right
14. Patient should take Tylenol as needed for headache and discontinue taking the ibuprofen
15. Patient takes Adderall every day for Attention Deficit Disorder
16. Tender to palpation over site of impact (occipital bone)
17. Concentration score: 10/15
18. Re-evaluate the patient's symptoms daily until fully resolved before beginning return to play protocol



Subjective: 2. 15 YO (or Y/O) female JV soccer player. 7. Hit head on ground during a soccer game 2 d ago; did not report hit to coach, parents or AT and continued to play in the game. 4. Has a hx of 3 previous dx concussions. 5. CC (or C/C) are headaches, dizziness, difficulty concentrating and "not feeling right." 3. Pt reported taking 2 IBU bid. 10. Stated she is struggling to concentrate, especially in math and science class and finds it difficult to remain asleep at noct. 15. Pt takes Adderall qd for ADD. 16. Tender to palpation over site of impact (occipital bone). 9. Cervical ROM is uncomfortable in ✓ (or flx) and / (or ext).

2, 7, 4, 5, 3, 10, 15, 16, 9

Objective: 17. Concentration score: 10/15. 1. PEARL 8. BESS: 12/30 errors. 13. Neurological exam (or Ex) revealed a mild nystagmus in (B) eyes when looking to the (L) and (R).

17, 1, 8, 13

Assessment: 11. Concussion

Plan: 6. Perform a SCAT6 exam (or Ex). 14. Pt should take Tylenol prn for headache and DC (or D/C) taking the IBU. 12. Coordinate RTL strategies c̄ school nurse. 18. Re-evaluate the pt's sy qd until fully resolved ā beginning RTP protocol.

6, 14, 12, 18