

Health Course Syllabus

Acknowledgement of Review

Due by Thursday, February 6, 2020

Please use pen to complete.

Student:

"In signing below I am acknowledging that I have read the syllabus and understand what my rights and responsibilities are as a student in this course. I understand I am ultimately responsible for my actions and learning. I will follow classroom rules and adhere to Skyline High School and Issaquah School District policies and procedures out of safety and respect for myself and others. I will give my best effort in class, on assignments, working in groups, preparing for assessments, etc. I will ask for assistance should my learning become compromised, regardless of reason, sooner rather than later."

Student's Printed Name

Student's Signature

Date

Parent/Guardian:

Initial Above

As part of our nutrition or mental health unit I *may* show a powerful video about advertising and the use of the human form, particularly female, to sell products that may impact societal behaviors/expectations and self-esteem/self-image. There may be some images you may object to (i.e. Abercrombie & Fitch, European ads, etc.) and I would encourage you to preview the video prior to those units to determine if it is something you would like to have your student excused from. It can be viewed on the web at no charge. Simply email me with your concern and I'll provide you the name of the video for review.

Initial Above

I have read the "FLASH Introduction Letter" (on back)

"In signing below I am acknowledging that I have read the syllabus on the course website and understand what my student's rights and responsibilities are in this course. I understand that the best means of communicating with the instructor is through email and that I am welcomed and encouraged to do so."

Parent's/Guardian's Printed Name

Parent/Guardian E-mail Address

Parent's/Guardian's Signature

Date

NOTE: It is the student's responsibility to ensure this form is completed in its entirety to receive full credit (10pts).

FLASH/Sexual Health Curriculum Notification Letter



January 28, 2020

Dear Parents and Guardians

We will begin our sexual health unit early to mid-May this semester. We will be using the FLASH curriculum for the majority of this unit. FLASH is a medically accurate, age-appropriate comprehensive sexual health education curriculum. The goals of the curriculum are to prevent teen pregnancy, STDs and sexual violence and to increase family communication about sexual health related topics such as dating, sex and abstinence. FLASH builds skills to support young people in remaining abstinent, as well as, teaching about other methods of disease and pregnancy prevention. It promotes respectful communication and builds skills for healthy relationships. ***NOTE: I may use additional resources/materials to supplement the FLASH curriculum that are in accordance with the [Healthy Youth Act](#) language and come from sources that are “scientifically and medically accurate” (i.e. Department of Health, Centers for Disease Control, Planned Parenthood, etc.). Families are encouraged to contact me should they wish to preview the FLASH curriculum and/or my supplemental materials.*** A list of the units that will be covered is provided below:

- Climate Setting
- Reproductive System
- Pregnancy
- Coercion and Consent
- Healthy Relationships
- Communication and Decision Making
- Undoing Gender Stereotypes
- Sexual Orientation and Gender Identity
- Abstinence
- Birth Control Methods
- Preventing HIV and other STDs
- Condoms to Prevent Pregnancy, HIV and other STDs
- Testing for HIV and other STDs
- Online Safety: Preventing Sexual Violence

Additional information about FLASH may be found at <http://www.kingcounty.gov/health/flash>. If you have any questions, concerns and/or a desire to preview lessons/materials, please do not hesitate to contact me. I would be glad to discuss the philosophy of the curriculum, the rationale for use of materials, the Healthy Youth Act and/or any other topics you may be interested in discussing.

Sincerely

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